



## Reconcilable Differences

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### Introduction:

- Conflict in every relationship
- Root causes of conflict:
  - \_\_\_\_\_
  - \_\_\_\_\_
  - \_\_\_\_\_

*I slept but my heart was awake. Listen! My beloved is knocking: "Open to me, my sister, my darling, my dove, my flawless one. My head is drenched with dew, my hair with the dampness of the night." I have taken off my robe—must I put it on again? I have washed my feet—must I soil them again?*  
**Song of Solomon 5:2-3**

*My beloved thrust his hand through the latch-opening; my heart began to pound for him. I arose to open for my beloved, and my hands dripped with myrrh, my fingers with flowing myrrh, on the handles of the bolt. I opened for my beloved, but my beloved had left; he was gone. My heart sank at his departure.*  
**Song of Solomon 5:4-6**

### Three principles for resolving conflict...

1. \_\_\_\_\_  
 (Talk, talk, and talk some more)

*Do not let the sun go down while you are still angry, and do not give the devil a foothold.*  
**Ephesians 4:26-27**

2. \_\_\_\_\_  
 (Don't fight each other, fight the enemy together)

*Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.* **Philippians 4:8**

3. \_\_\_\_\_  
 (Set and respect boundaries)

Four signs you aren't \_\_\_\_\_:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

*Do not be overcome by evil, but overcome evil with good.*  
**Romans 12:21**

**Recommended Reading:** *The 5 Love Languages*  
 by Gary Chapman

### Next Steps:

- I will spend 10/20/30 minutes in prayer this week meditating and asking God to show me how to improve my relationships
- I commit to work on my marriage/family/friendship, #\_\_\_\_\_
- Forgive my spouse/BF/GF and commit to start a conversation with them to bring healing
- \_\_\_\_\_