



Reconcilable Differences

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Dave Michel

Stepping Stones Community Church

Introduction:

- Conflict in every relationship
- Root causes of conflict:
 - _____
 - _____
 - _____

I slept but my heart was awake. Listen! My beloved is knocking: "Open to me, my sister, my darling, my dove, my flawless one. My head is drenched with dew, my hair with the dampness of the night." I have taken off my robe—must I put it on again? I have washed my feet—must I soil them again? **Song of Solomon 5:2-3**

My beloved thrust his hand through the latch-opening; my heart began to pound for him. I arose to open for my beloved, and my hands dripped with myrrh, my fingers with flowing myrrh, on the handles of the bolt. I opened for my beloved, but my beloved had left; he was gone. My heart sank at his departure. **Song of Solomon 5:4-6**

Three principles for resolving conflict...

1. _____
(Talk, talk, and talk some more)

Do not let the sun go down while you are still angry, and do not give the devil a foothold. **Ephesians 4:26-27**

2. _____
(Don't fight each other, fight the enemy together)

Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. **Philippians 4:8**

3. _____
(Set and respect boundaries)

Four signs you aren't _____:

- _____
- _____
- _____
- _____

Do not be overcome by evil, but overcome evil with good. **Romans 12:21**

Recommended Reading: *The 5 Love Languages*
by Gary Chapman

Next Steps:

- I will spend 10/20/30 minutes in prayer this week meditating and asking God to show me how to improve my relationships
- I commit to work on my marriage/family/friendship, #_____
- Forgive my spouse/BF/GF and commit to start a conversation with them to bring healing
- _____