



## Just Do It

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### Introduction:

- In relationships, we generally judge:
  - Others: by their \_\_\_\_\_
  - Ourselves: by our \_\_\_\_\_
- Closing the gap

### Relationships: Going for great

#### 1. Good thoughts => \_\_\_\_\_

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

*How beautiful your sandaled feet, O prince's daughter! Your graceful legs are like jewels, the work of an artist's hands. Your navel is a rounded goblet that never lacks blended wine. Your waist is a mound of wheat encircled by lilies. Your breasts are like two fawns, like twin fawns of a gazelle.*

**Song of Solomon 7:1-3**

*The tongue has the power of life and death.* **Proverbs 18:21**

#### 2. Good thoughts => \_\_\_\_\_

- \_\_\_\_\_
- \_\_\_\_\_

*Come, my beloved, let us go to the countryside, let us spend the night in the villages. Let us go early to the vineyards to see if the vines have budded, if their blossoms have opened, and if the pomegranates are in bloom—there I will give you my love.*

**Song of Solomon 7:11-12**

*The mandrake flowers give off their strong smell. All of the best things are waiting for us, new and old alike. I've stored them up for you, my love.*

**Song of Solomon 7:13**

#### 3. Consistent actions => \_\_\_\_\_

*You know that when your faith is tested, your endurance has a chance to grow. So let it grow, for when your endurance is fully developed, you will be perfect and complete, needing nothing.*

**James 1:3**

*Unless the LORD builds a house, the work of the builders is wasted. Unless the LORD protects a city, guarding it with sentries will do no good.*

**Psalms 127:1**

**Recommended Reading:** *The 5 Love Languages*  
by Gary Chapman

### Next Steps:

- Say something positive and encouraging to someone before I get in my car to leave today
- Write down 3 "great ideas" for my relationship with \_\_\_\_\_ and then do them
- I commit to improve my relationship towards great, working specifically on \_\_\_\_\_
- I ask God to transform me as I work on my marriage / relationship
- \_\_\_\_\_