



Fighting Fear (David & Goliath)

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Introduction:

- David's many stories
- David, the underdog

The Philistines now mustered their army for battle and camped between Socoh in Judah and Azekah at Ephes-dammim. Saul countered by gathering his Israelite troops near the valley of Elah. So the Philistines and Israelites faced each other on opposite hills, with the valley between them. Then Goliath, a Philistine champion from Gath, came out of the Philistine ranks to face the forces of Israel. He was over nine feet tall! He wore a bronze helmet, and his bronze coat of mail weighed 125 pounds. He also wore bronze leg armor, and he carried a bronze javelin on his shoulder. The shaft of his spear was as heavy and thick as a weaver's beam, tipped with an iron spearhead that weighed 15 pounds. His armor bearer walked ahead of him carrying a shield. Goliath stood and shouted a taunt across to the Israelites. "Why are you all coming out to fight?" he called. "I am the Philistine champion, but you are only the servants of Saul. Choose one man to come down here and fight me! If he kills me, then we will be your slaves. But if I kill him, you will be our slaves! I defy the armies of Israel today! Send me a man who will fight me!" When Saul and the Israelites heard this, they were terrified and deeply shaken.

1 Samuel 17:1-11

How to Fight a Giant

1. Practice _____

"Don't worry about this Philistine," David told Saul. "I'll go fight him!" "Don't be ridiculous!" Saul replied. "There's no way you can fight this Philistine and possibly win! You're only a boy, and he's been a man of war since his youth." But David persisted. "I have been taking care of my father's sheep and goats," he said. "When a lion or a bear comes to steal a lamb from the flock, I go after it with a club and rescue the lamb from its mouth. If the animal turns on me, I catch it by the jaw and club it to death. I have done this to both lions and bears, and I'll do it to this pagan Philistine, too, for he has defied the armies of the living God! The LORD who rescued me from the claws of the lion and the bear will rescue me from this Philistine!" **1 Samuel 17:32-37**

2. Stand _____

[1 Samuel 17:41-47]

3. The _____

As Goliath moved closer to attack, David quickly ran out to meet him. **1 Samuel 17:48**

Next Steps:

- Read David & Goliath's story in 1 Samuel 17
- Pray for me as I face a giant in my life: _____
- To prepare myself for the giants in my life, my next step is to focus on #____
- It seems that I often am defeated by the giants in my life. I commit to trust God to win my battles while I focus on living faithfully to him.
- _____