



Words

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Stepping Stones Community Church

It's often the _____ things that no one sees that result in the _____ things that everyone wants

Words kill, words give life; they're either poison or fruit - you choose. **Proverbs 18:21 MSG**

We can make a large horse go wherever we want by means of a small bit in its mouth. And a small rudder makes a huge ship turn wherever the pilot chooses to go, even though the winds are strong. In the same way, the tongue is a small thing that makes grand speeches. But a tiny spark can set a great forest on fire. **James 3:3-5 NLT**

The words of thoughtless people cut like swords. But the tongue of wise people brings healing. **Proverbs 12:18 NIRV**

The soothing tongue is a tree of life, but a perverse tongue crushes the spirit. **Proverbs 15:4 NIV**

Word Evaluation / Word Audit

Life Taking Words

Life Giving Words

Others	1	2	3	4	5	6	7	8	9	10	Others
Self	1	2	3	4	5	6	7	8	9	10	Self

Life Giving Words

1. If you can't say something helpful, _____ it

Don't use foul or abusive language. Let everything you say be good and helpful, so that your words will be an encouragement to those who hear them.

Ephesians 4:29 NLT

2. If you think something good, _____ it

Kind words are like honey - sweet to the soul and healthy for the body.

Proverbs 16:24 NLT

So encourage each other and build each other up.

1 Thessalonians 5:11 NLT

My One Statement: _____

The "Positive Words" Challenge

A challenge to use the power of words to serve one person, once a day on an ongoing basis.

Next Steps:

- Accept the "Positive Words" challenge for the next (week / month / season / rest of the year)
- My One Statement that I need to say (to myself / others is: _____)
- Commit to: Say fewer negative words / Speak encouraging words when I think them / Both
- _____