



Breaks Bread

Sunday, April 22, 2018
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Stepping Stones Community Church

1. Jesus came to earth

- **Why?** _____
- **How?** Eating and Drinking

The Son of Man came eating and drinking. And you say, 'Look at him! He eats too much and drinks too much wine!'
Luke 7:34 ERV

2. Theology of meals

- **Mixing physical and spiritual nutrition**
- **Celebrating life together**
- **Intentional community**

⁴² *The believers spent their time listening to the teaching of the apostles. They shared everything with each other. They ate together and prayed together.* ⁴³ *Many wonders and miraculous signs were happening through the apostles, and everyone felt great respect for God.* ⁴⁴ *All the believers stayed together and shared everything.* ⁴⁵ *They sold their land and the things they owned. Then they divided the money and gave it to those who needed it.* ⁴⁶ *The believers shared a common purpose, and every day they spent much of their time together in the Temple area. They also ate together in their homes. They were happy to share their food and ate with joyful hearts.* ⁴⁷ *The believers praised God and were respected by all the people. More and more people were being saved every day, and the Lord was adding them to their group.*
Acts 2:42-47 ERV

3. Spiritual devotion

- Teaching
- Fellowship
- Sharing
- Praying
- Meals together

4. Love Like Jesus... with food

- **Share life with your church / other believers**
- **Share life with close friends**

²⁴ *We should think about each other to see how we can encourage each other to show love and do good works.*

²⁵ *We must not quit meeting together, as some are doing. No, we need to keep on encouraging each other. This becomes more and more important as you see the Day getting closer.*
Hebrews 10:24-25 ERV

Next Steps:

- ☐ Attend lunch today ☺
- ☐ Develop a "meal plan" _____
- ☐ Pray for me as I struggle with an independent life apart from people
- ☐ I will love like Jesus by _____
- ☐ _____