



## Hollow Worship

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<sup>1</sup> Some Pharisees and teachers of religious law now arrived from Jerusalem to see Jesus. They asked him, <sup>2</sup> “Why do your disciples disobey our age-old tradition? For they ignore our tradition of ceremonial hand washing before they eat.”

**Matthew 15:1-2 NLT**

<sup>7</sup> You hypocrites! Isaiah was right when he prophesied about you, for he wrote, <sup>8</sup> “These people honor me with their lips, but their hearts are far from me. <sup>9</sup> Their worship is a farce, for they teach man-made ideas as commands from God.”

**Matthew 15:7-9 NLT**

### 1. How do Christians express our worship?

- Sometimes we bow or kneel in worship
- Sometimes we lift our hands in adoration
- Sometimes we dance in celebration
- Sometimes we worship with a sacrifice of praise
- We daily lay down our lives as an act of worship

*Come, let us worship and bow down. Let us kneel before the LORD our maker...* **Psalm 95:6 NLT**

*I will praise you as long as I live, lifting up my hands to you in prayer.* **Psalm 63:4 NLT**

*Praise his name with dancing, accompanied by tambourine and harp.* **Psalm 149:3 NLT**

*Therefore, let us offer through Jesus a continual sacrifice of praise to God, proclaiming our allegiance to his name.*

**Hebrews 13:15 NLT**

<sup>1</sup> And so, dear brothers and sisters, I plead with you to give your bodies to God because of all he has done for you. Let them be a living and holy sacrifice—the kind he will find acceptable. This is truly the way to worship him.

**Romans 12:1 NLT**

### Next Steps:

- ☐ Read Matthew 15: 1-20 this week
- ☐ Expand the ways that I worship God in and out of church: \_\_\_\_\_
- ☐ Write a note to God praising and thanking him for everything he’s done for me. Read the note to him as an act of worship
- ☐ Offer myself to God today as my act of worship
- ☐ \_\_\_\_\_