

# Family30

Your best family in 30 days

## Self and Selfishness

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<sup>23</sup> But there is another power within me that is at war with my mind. This power makes me a slave to the sin that is still within me. <sup>24</sup> Oh, what a miserable person I am!

**Romans 7:23-24 NLT**

For wherever there is jealousy and selfish ambition, there you will find disorder and evil of every kind.

**James 3:16 NLT**

### 1. Fighting against selfishness

- It begins with the heart and our connection to God
- We must desire peace and love

<sup>12</sup> Since God chose you to be the holy people he loves, you must clothe yourselves with tenderhearted mercy, kindness, humility, gentleness, and patience. <sup>13</sup> Make allowance for each other's faults, and forgive anyone who offends you. Remember, the Lord forgave you, so you must forgive others. <sup>14</sup> Above all, clothe yourselves with love, which binds us all together in perfect harmony. <sup>15</sup> And let the peace that comes from Christ rule in your hearts. For as members of one body you are called to live in peace. And always be thankful.

**Colossians 3:12-15 NLT**

### 2. Changing the atmosphere in your family

- Promote peace and love in your family
- Your words matter
- Love your family above yourself

Don't use foul or abusive language. Let everything you say be good and helpful, so that your words will be an encouragement to those who hear them.

**Ephesians 4:29 NLT**

Love each other with genuine affection, and take delight in honoring each other.

**Romans 12:10 NLT**

Submit to one another out of reverence for Christ.

**Ephesians 5:21 NLT**

### 3. What about me?

- Paradox of God's Kingdom
- Trust God that his way is the best way

For you have been called to live in freedom, my brothers and sisters. But don't use your freedom to satisfy your sinful nature. Instead, use your freedom to serve one another in love.

**Galatians 5:13 NLT**

<sup>3</sup> Don't be selfish; don't try to impress others. Be humble, thinking of others as better than yourselves. <sup>4</sup> Don't look out only for your own interests, but take an interest in others, too.

**Philippians 2:3-4 NLT**

### Next Steps:

- Read / memorize Philippians 2:3-4
- Commit to increase my connection to God
- Make a change in how I relate to my family:  
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- Put my trust in God for my needs and wellbeing as I sacrifice for my family
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