

## Jesus is our Source

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Stepping Stones Community Church

### 1. Getting to the heart of things

- Heart is more important than behavior
- Everything I say and do flows from my heart
- Each of us is 100% responsible for our heart

*Guard your heart above all else, for it determines the course of your life.*

**Proverbs 4:23** NLT

<sup>10</sup> Then Jesus called to the crowd to come and hear. “Listen,” he said, “and try to understand. <sup>11</sup> It’s not what goes into your mouth that defiles you; you are defiled by the words that come out of your mouth...” <sup>17</sup> “Anything you eat passes through the stomach and then goes into the sewer. <sup>18</sup> But the words you speak come from the heart—that’s what defiles you. <sup>19</sup> For from the heart come evil thoughts, murder, adultery, all sexual immorality, theft, lying, and slander.

**Matthew 15:10, 17-19**

### 2. We don’t want to give leftovers to our family because we are empty

### 3. Using the wrong source

- Codependency problems in family
- Firing someone as your source

### 4. Using Jesus as my source

- No family member can be my source
- Staying connected to fill my jug

<sup>15</sup> All who declare that Jesus is the Son of God have God living in them, and they live in God. <sup>16</sup> We know how much God loves us, and we have put our trust in his love.

**1 John 4:15-16** NLT

### Next Steps:

- Memorize Proverbs 4:23
- Look to Jesus as my source in life
- Fire \_\_\_\_\_ as my source
- Commit to making my family a priority and investing in them out of the love and life that God pours into me
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