

Perfectionism

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But you are to be perfect, even as your Father in heaven is perfect.
Matthew 5:48 NLT

1. Three types of perfectionists

- Self-oriented perfectionist
- Externally-oriented perfectionist
- Others-oriented perfectionist

2. The spiritual side of perfectionism

<u>Perfectionism</u>	<u>Grace</u>
<u>What I do</u>	<u>What Jesus has done</u>
<u>About me</u>	<u>About Jesus</u>
<u>If I obey, God will love me</u>	<u>Because God loves, I can obey</u>
<u>Winning God's approval</u>	<u>Living from God's approval</u>

For no one can ever be made right with God by doing what the law commands. The law simply shows us how sinful we are.
Romans 3:20 NLT

We are made right with God by placing our faith in Jesus Christ. And this is true for everyone who believes, no matter who we are.
Romans 3:22 NLT

3. Because the pressure is off

- Choose people over perfectionism
- Choose perfect love over perfect performance

⁴³ "You have heard the law that says, 'Love your neighbor' and hate your enemy. ⁴⁴ But I say, love your enemies! Pray for those who persecute you! ⁴⁵ In that way, you will be acting as true children of your Father in heaven. For he gives his sunlight to both the evil and the good, and he sends rain on the just and the unjust alike. ⁴⁶ If you love only those who love you, what reward is there for that? Even corrupt tax collectors do that much. ⁴⁷ If you are kind only to your friends, ^[c] how are you different from anyone else? Even pagans do that. ⁴⁸ But you are to be perfect, even as your Father in heaven is perfect."
Matthew 5:43-48 NLT

Next Steps:

- ☐ Re-read Matthew 5:43-48 this week
- ☐ Commit to choose people over perfection this week by _____
- ☐ Commit to perfecting my love by _____
- ☐ Put my trust in Jesus' love and sacrifice instead of my own works to please God
- ☐ _____