



From Evening to Morning

Sunday, February 16, 2020

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Stepping Stones Community Church

That evening vast numbers of quail flew in and covered the camp. And the next morning the area around the camp was wet with dew. **Exodus 16:13 NLT**

In the morning it blooms and flourishes, but by evening it is dry and withered. **Psalm 90:6 NLT**

Sow your seed in the morning, and at evening let your hands not be idle, for you do not know which will succeed, whether this or that, or whether both will do equally well. **Ecclesiastes 11:6 NIV**

You, too, must keep watch! For you don't know when the master of the household will return—in the evening, at midnight, before dawn, or at daybreak. **Mark 13:35 NLT**

¹ In the beginning God created the heavens and the earth. ² The earth was formless and empty, and darkness covered the deep waters. And the Spirit of God was hovering over the surface of the waters. ³ Then God said, "Let there be light," and there was light. ⁴ And God saw that the light was good. Then he separated the light from the darkness. ⁵ God called the light "day" and the darkness "night." And evening passed and morning came, marking the first day. **Genesis 1:1-5 NLT**

1. Focusing each day on change

- **Defining a day**
- **Dividing our days**
- **Focus on "Evening to Morning"**

2. Prioritize "Evening to Morning"

- **Get sleep**
- **Go deep**
 - ✓ **Spiritually**
 - ✓ **Physically**
 - ✓ **Creatively**

Be still, and know that I am God! **Psalm 46:10 NLT**

Don't you realize that your body is the temple of the Holy Spirit... **1 Corinthians 6:19 NLT**

Then God said, "Let us make human beings in our image, to be like us." **Genesis 1:26 NLT**

4. Some practical tips

- **Make a plan**
- **Think in terms of time blocks**
- **Be inaccessible**
- **Have technology blackouts**

Next Steps:

Attend the final week of "You in Five Years"

Commit to my "YIFY" goal of _____

My "Evening to Morning" change / focus is _____

Commit to my "Go deep" goal of _____
