

## Why Have You Forsaken Me?

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<sup>37</sup> A sign was fastened above Jesus' head, announcing the charge against him. It read: "This is Jesus, the King of the Jews."<sup>38</sup> Two revolutionaries were crucified with him, one on his right and one on his left. <sup>39</sup> The people passing by shouted abuse, shaking their heads in mockery. <sup>40</sup> "Look at you now!" they yelled at him. "You said you were going to destroy the Temple and rebuild it in three days. Well then, if you are the Son of God, save yourself and come down from the cross!" <sup>41</sup> The leading priests, the teachers of religious law, and the elders also mocked Jesus. <sup>42</sup> "He saved others," they scoffed, "but he can't save himself! So he is the King of Israel, is he? Let him come down from the cross right now, and we will believe in him!" <sup>43</sup> He trusted God, so let God rescue him now if he wants him! For he said, "I am the Son of God."  
**Matthew 27:37-43 NLT**

<sup>45</sup> From noon until three in the afternoon darkness came over all the land. <sup>46</sup> About three in the afternoon Jesus cried out in a loud voice, "Eli, Eli, lema sabachthani?" (which means "My God, my God, why have you forsaken me?").

**Matthew 27:45-46 NIV**  
(See Psalm 22)

### 1. We only see part of the story

Now we see things imperfectly, like puzzling reflections in a mirror, but then we will see everything with perfect clarity. All that I know now is partial and incomplete, but then I will know everything completely, just as God now knows me completely.  
**1 Corinthians 13:12 NLT**

### 2. When things don't make sense, remember...

- God is good
- God is for me
- God is with me

*O Lord, you are so good, so ready to forgive, so full of unfailing love for all who ask for your help.* **Psalm 86:5 NLT**

<sup>31</sup> ... If God is for us, who can ever be against us? <sup>32</sup> Since he did not spare even his own Son but gave him up for us all, won't he also give us everything else?

**Romans 8:31-32 NLT**

*So be strong and courageous! Do not be afraid and do not panic before them. For the LORD your God will personally go ahead of you. He will neither fail you nor abandon you."*

**Deuteronomy 31:6 NLT**

### 3. Because Jesus suffered, we also will suffer

#### Next Steps:

- Read Psalm 22 this week
- Spend time in prayer this week crying out to God and sharing my feelings
- Ask God to heal my hurts and pain and give me the strength to follow him
- Give God thanks for his love and goodness
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