



# Managing my Expectations

Sunday, February 14, 2021

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## 1. \_\_\_\_\_ expectations can push us to \_\_\_\_\_

<sup>13</sup> Then Jesus came from Galilee to John at the Jordan to be baptized by him. <sup>14</sup> And John tried to prevent Him, saying, "I need to be baptized by You, and are You coming to me?"

**Matthew 3:13-14 NKJV**

<sup>27</sup> John answered and said, "A man can receive nothing unless it has been given to him from heaven. <sup>28</sup> You yourselves bear me witness, that I said, 'I am not the Christ,' but, 'I have been sent before Him.' <sup>30</sup> He must increase, but I must decrease.

**John 3:27-28, 30 NKJV**

<sup>2</sup> And when John had heard in prison about the works of Christ, he sent two of his disciples <sup>3</sup> and said to Him, "Are You the Coming One, or do we look for another?" <sup>4</sup> Jesus answered and said to them, "Go and tell John the things which you hear and see: <sup>5</sup> The blind see and the lame walk; the lepers are cleansed and the deaf hear; the dead are raised up and the poor have the gospel preached to them. <sup>6</sup> And blessed is he who is not offended because of Me."

**Matthew 11:2-6 NKJV**

## 2. Three \_\_\_\_\_ of \_\_\_\_\_ expectations

- \_\_\_\_\_ expectations
- \_\_\_\_\_ expectations
- \_\_\_\_\_ expectations

<sup>14</sup> "If you forgive those who sin against you, your heavenly Father will forgive you. <sup>15</sup> But if you refuse to forgive others, your Father will not forgive your sins. **Matthew 6:14-15 NLT**

### Next Steps:

- Stop drinking the poison; I choose to not live offended
- Change my expectations of \_\_\_\_\_ to avoid being offended
- Consider where I am offended and ask God to show me where my expectations are not beneficial to me
- Attend the rest of "Don't Drink the Poison"
- \_\_\_\_\_