



Why Can't I Change

Easter Sunday, April 11, 2021

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Stepping Stones Community Church

1. Why can't I change?

- Try _____
- Try _____
- I want to _____, but I _____

Who will free me from this life that is dominated by sin and death? ²⁵ Thank God! The answer is in Jesus Christ our Lord. **Romans 7:24-25 NLT**

So I say, let the Holy Spirit guide your lives. Then you won't be doing what your sinful nature craves.

Galatians 5:16 NLT

2. It's time to stop _____ and start _____

- _____ doesn't achieve _____
- _____ is an attempt to change with _____
- _____ is a _____ to achieve a specific result

²⁴ Don't you realize that in a race everyone runs, but only one person gets the prize? So run to win! ²⁵ All athletes are disciplined in their training. They do it to win a prize that will fade away, but we do it for an eternal prize. ²⁶ So I run with purpose in every step. I am not just shadowboxing. ²⁷ I discipline my body like an athlete, training it to do what it should. Otherwise, I fear that after preaching to others I myself might be disqualified. **1 Corinthians 9:24-27 NLT**

3. _____ is doing what I can do _____ to enable me to do even more _____

⁷ Do not waste time arguing over godless ideas and old wives' tales. Instead, train yourself to be godly. ⁸ "Physical training is good, but training for godliness is much better, promising benefits in this life and in the life to come." ⁹ This is a trustworthy saying, and everyone should accept it. ¹⁰ This is why we work hard and continue to struggle, for our hope is in the living God, who is the Savior of all people and particularly of all believers. **1 Timothy 4:7-10 NLT**

One area of my life that I know God wants to help me to change is _____

Next Steps:

- Commit to a life of discipline and training as I grow in my faith toward spiritual maturity
- Focus my discipline and training in life on _____
- Commit to attend the Small Group Bible study that is starting next month (Wednesday evenings)
- Attend the final week of "Greater Reward" series
- Re-read today's scripture verses this week
- _____