

BALANCED

Managing Your Expenses

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1. Three laws of balance

- Reference point
- Constant correction
- Clear objective

Discontentment = _____

2. Discontentment leads to overspending

- Awareness is what fuels discontentment
- God wants us to be content with what we have

⁶ Yet true godliness with contentment is itself great wealth. ⁷ After all, we brought nothing with us when we came into the world, and we can't take anything with us when we leave it. ⁸ So if we have enough food and clothing, let us be content. ⁹ But people who long to be rich fall into temptation and are trapped by many foolish and harmful desires that plunge them into ruin and destruction. ¹⁰ For the love of money is the root of all kinds of evil. And some people, craving money, have wandered from the true faith and pierced themselves with many sorrows. ¹¹ But you, Timothy, are a man of God; so run from all these evil things. Pursue righteousness and a godly life, along with faith, love, perseverance, and gentleness. **1 Timothy 6:6-11 NLT**

3. How can we avoid discontentment with our stuff?

- Focus less on what we don't have
- Become more aware of what others don't have

¹⁸ Tell them to use their money to do good. They should be rich in good works and generous to those in need, always being ready to share with others. ¹⁹ By doing this they will be storing up their treasure as a good foundation for the future so that they may experience true life. **1 Timothy 6:18-19 NLT**

Next Steps:

- Avoid the things _____ that make me discontented and tempted to overspend
- Become more aware of the needs of others (local and global)
- Commit to attend the final week of "Balanced"
- _____
