



Forgiving Myself

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For the kind of sorrow God wants us to experience leads us away from sin and results in salvation. There's no regret for that kind of sorrow. But worldly sorrow, which lacks repentance, results in spiritual death.

2 Corinthians 7:10 NLT

1. How we react to our sin

- Guilt says, "I did something bad"
- Shame says, "I am bad"

2. There is a war to control our thinking

- The devil wants to use your shame to drive you away from God
- God wants to use your guilt to draw you to his grace

⁵⁹ About an hour later someone else insisted, "This must be one of them, because he is a Galilean, too."⁶⁰ But Peter said, "Man, I don't know what you are talking about." And immediately, while he was still speaking, the rooster crowed.

⁶¹ At that moment the Lord turned and looked at Peter. Suddenly, the Lord's words flashed through Peter's mind: "Before the rooster crows tomorrow morning, you will deny three times that you even know me."⁶² And Peter left the courtyard, weeping bitterly.

Luke 22:59-62 NLT

But if we confess our sins to him, he is faithful and just to forgive us our sins and to cleanse us from all wickedness.

1 John 1:9 NLT

3. You can't change your past, but God can change your future

And I am certain that God, who began the good work within you, will continue his work until it is finally finished on the day when Christ Jesus returns.

Philippians 1:6 NLT