



# Break My Heart

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*<sup>18</sup> My grief is beyond healing; my heart is broken... <sup>21</sup> I hurt with the hurt of my people. I mourn and am overcome with grief. <sup>22</sup> Is there no medicine in Gilead? Is there no physician there? Why is there no healing for the wounds of my people?*

**Jeremiah 8:18, 21-22 NLT**

## 1. Burdens lead us to action

- We naturally seek the easy path
- We want to be burdened by what breaks God's heart

## 2. The blessing of a spiritual burden

- Moses – God's people oppressed
- David – Disrespect for God
- Nehemiah – God's city/temple in ruins
- Paul – His people missed the Messiah

*<sup>1</sup> With Christ as my witness, I speak with utter truthfulness. My conscience and the Holy Spirit confirm it. <sup>2</sup> My heart is filled with bitter sorrow and unending grief <sup>3</sup> for my people, my Jewish brothers and sisters. I would be willing to be forever cursed—cut off from Christ!—if that would save them.*

**Romans 9:1-3 NLT**

3. It is better to hurt with a purpose than to exist without one

### Next Steps:

- Commit to increase my prayer life: \_\_\_\_\_
- Ask God to “break my heart”
- Pray this week and make my confession to God: “I like life to be easy, but I know it is better to have a spiritual burden. Help me”
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