

ANXIOUS FOR NOTHING

When You Just Can't Decide

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⁴ Rejoice in the Lord always. I will say it again: Rejoice! ⁵ Let your gentleness be evident to all. The Lord is near. ⁶ Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. ⁷ And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Philippians 4:4-7 NIV

1. Why is decision making so hard?

- We have too many choices
- We are afraid of making a costly mistake

²² Then the apostles and elders together with the whole church in Jerusalem chose delegates, and they sent them to Antioch of Syria with Paul and Barnabas to report on this decision... ²⁵ So we decided, having come to complete agreement, to send you official representatives, along with our beloved Barnabas and Paul... ²⁸ "For it seemed good to the Holy Spirit and to us to lay no greater burden on you than these few requirements..." **Acts 15:22, 25, 28 NLT**

¹² There is a path before each person that seems right, but it ends in death. **Proverbs 14:12 NLT**

2. Decision making: Trusting in God's guidance and help

- Listen to the right people
- Don't listen to the wrong people
- Keep going when you are unsure

⁵ Trust in the LORD with all your heart; do not depend on your own understanding. ⁶ Seek his will in all you do, and he will show you which path to take. **Proverbs 3:5-6 NLT**

Next Steps:

- Put my faith in God and trust him that he will direct me in life, even when I'm not sure what to do
- I will talk with _____ to get wisdom on my life decision: _____
- When I am overwhelmed by decisions and too many choices, I will pray and seek God's will
- Read Philippians 4:4-7 this week
- _____