



Take Your Life Back

Sunday, April 16, 2023
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Stepping Stones Community Church

1. Why do we struggle to make good decisions?

- We're overwhelmed with choices
- We're afraid of making a wrong choice
- We let emotions overrule logic

2. The quality of your decisions determines the quality of your life

Commit to the LORD whatever you do, and he will establish your plans. Proverbs 16:3 NIV

When I'm faced with _____ (situation)
I have pre-decided to _____ (action)

3. With God's help, we will determine our course of action before the moment of decision

4. Pre-Deciding in the Bible

- Abraham: sacrificing his son
- Daniel: staying pure in Babylon
- Ruth: faithful & loyal to God and family

¹⁷ By faith Abraham, when God tested him, offered Isaac as a sacrifice. He who had embraced the promises was about to sacrifice his one and only son, ¹⁸ even though God had said to him, "It is through Isaac that your offspring will be reckoned." ¹⁹ Abraham reasoned that God could even raise the dead, and so in a manner of speaking he did receive Isaac back from death. Hebrews 11:17-19 NIV

But Daniel resolved not to defile himself with the royal food and wine... Daniel 1:8 NIV

But Ruth replied, "Don't urge me to leave you or to turn back from you. Where you go I will go, and where you stay I will stay. Your people will be my people and your God my God." Ruth 1:16 NIV

Next Steps:

- I will ask God to show me one thing I should pre-decide this week
- When I'm faced with _____, I pre-decide to _____
- I sometimes struggle to make good choices. I will pre-decide to change how I face decisions:

- Pre-decide today to attend the rest of this series
- _____