



Keys to Overcoming Temptation

Sunday, April 23, 2023

Dave Michel

Stepping Stones Community Church

The quality of your decisions
determine the quality of your life

1. When it comes to temptation, you are not as smart and as strong as you think

Be on guard. Stand firm in the faith. Be courageous. Be strong.
1 Corinthians 16:13 NLT

“Keep watch and pray, so that you will not give in to temptation. For the spirit is willing, but the body is weak!”
Matthew 26:41 NLT

If you think you are standing strong, be careful not to fall.
1 Corinthians 10:12 NLT

2. Keys to fighting temptation

- **Move the line**
- **Be honest about the cost of sin**
- **Plan your escape**

But if you fail to keep your word, then you will have sinned against the LORD, and you may be sure that your sin will find you out.
Numbers 32:23 NLT

⁶ *...Joseph was a very handsome and well-built young man,*
⁷ *and Potiphar’s wife soon began to look at him lustfully.*
“Come and sleep with me,” she demanded.
Genesis 39:6-7 NLT

...Joseph tore himself away, but he left his cloak in her hand as he ran from the house.
Genesis 39:12 NLT

...And God is faithful. He will not allow the temptation to be more than you can stand. When you are tempted, he will show you a way out so that you can endure.
1 Corinthians 10:13 NLT

3. Pre-Decide: I’m putting distance between myself and temptation

4. Why would I resist a temptation in the future if I have the power to eliminate it today?

Next Steps:

- I admit that I need God’s help and strength and that I can’t fight temptation on my own
- When I’m face with temptation (_____), I pre-decide to _____
- I will talk to a friend about what I can do to prepare for the temptations I battle: _____

- Pre-decide today to attend the rest of this series
- _____