



## Plan for It

Sunday, October 29, 2023

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Stepping Stones Community Church

### 1. Jesus taught about happiness

- Happy are the poor in spirit
- Happy are those who mourn
- Happy are the meek
- Happy are those who are hungry for righteousness
- Happy are the merciful
- Happy are the pure in heart
- Happy are the peacemakers
- Happy are the persecuted

<sup>1</sup> Now when Jesus saw the crowds, he went up on a mountainside and sat down. His disciples came to him, <sup>2</sup> and he began to teach them. He said: <sup>3</sup> "Blessed are the poor in spirit, for theirs is the kingdom of heaven. <sup>4</sup> Blessed are those who mourn, for they will be comforted. <sup>5</sup> Blessed are the meek, for they will inherit the earth. <sup>6</sup> Blessed are those who hunger and thirst for righteousness, for they will be filled. <sup>7</sup> Blessed are the merciful, for they will be shown mercy. <sup>8</sup> Blessed are the pure in heart, for they will see God. <sup>9</sup> Blessed are the peacemakers, for they will be called children of God.

<sup>10</sup> Blessed are those who are persecuted because of righteousness, for theirs is the kingdom of heaven.

Matthew 5:1-10 NIV

### 2. Happiness is an outcome

- Happiness is not immediate
- Happiness is about sowing and reaping

<sup>24</sup> "Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock... <sup>26</sup> But everyone who hears these words of mine and does not put them into practice is like a foolish man who built his house on sand. Matthew 7:24, 26 NIV

### Next Steps:

- Commit to study the words of Jesus and put them into practice in my life: \_\_\_\_\_
- Commit to pursue happiness by sowing and planting the things of God in my life: \_\_\_\_\_
- Read Matthew chapters 5-7 this week
- Attend the rest of this series (or watch on our Youtube channel)
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