

Shoes

Sunday, November 19, 2023 Dave Michel Stepping Stones Community Church

1. Pursuing pleasure to become happy

¹⁰ The thief's purpose is to steal and kill and destroy. My purpose is to give them a rich and satisfying life. ¹¹ "I am the good shepherd. The good shepherd sacrifices his life for the sheep.

John 10:10-11 NLT

2. The difference between <u>happiness</u> and <u>pleasure</u>

- Happiness is <u>delayed</u>
- We want <u>pleasure</u> <u>now</u>
- Pursuing <u>pleasure</u> can <u>undermine</u> your happiness
- 3. The problem with making <u>pleasure</u> our <u>priority</u>
 - It can become a prison
 - It can become our master
 - Prioritizing <u>pleasure</u> over <u>happiness</u> means we get <u>neither</u>

Don't you realize that you become the slave of whatever you choose to obey? You can be a slave to sin, which leads to death, or you can choose to obey God, which leads to righteous living.

Romans 6:16 NLT

Next Steps:
☐ Commit to pursue happiness by investing in
☐ Confess that I pursue pleasure as a quick fix to try and find happiness:
☐ Commit to change and reduce/stop turning to to find my happiness
☐ Attend the final message in this series (or watch on our Youtube channel)