



Don't Let the Grinch Steal Your Christmas

Grinch of Demands Gift of Rest

Sunday, December 17, 2023
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1. Grinch of demands

- **Work at work**
- **Work at home**

Lazy people want much but get little, but those who work hard will prosper. **Proverbs 13:4 NLT**

Even while we were with you, we gave you this command: "Those unwilling to work will not get to eat." **2 Thessalonians 3:10 NLT**

It is useless for you to work so hard from early morning until late at night, anxiously working for food to eat; for God gives rest to his loved ones. **Psalms 127:2 NLT**

2. Gift of rest

- **Rest is best after hard work**
- **Sabbath rest**
- **Finding inner peace**

"You have six days each week for your ordinary work, but the seventh day is a Sabbath day of complete rest, an official day for holy assembly. It is the LORD's Sabbath day, and it must be observed wherever you live." **Leviticus 23:3 NLT**

Then Jesus said to them, "The Sabbath was made to meet the needs of people, and not people to meet the requirements of the Sabbath." **Mark 2:27 NLT**

²⁸ Simeon was there. He took the child in his arms and praised God, saying, ²⁹ "Sovereign Lord, now let your servant die in peace, as you have promised. ³⁰ I have seen your salvation, ³¹ which you have prepared for all people. ³² He is a light to reveal God to the nations, and he is the glory of your people Israel!" **Luke 2:28-32 NLT**

⁶ Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. ⁷ Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus. **Philippians 4:6-7 NLT**

Next Steps:

- Release my stress and worry to God about the demands of Christmas 2023 (see Philippians 4:6-7)

- Commit to spend time in intentional rest: _____

- Commit to face the demands of Christmas with a right attitude
- Attend the Christmas Eve Candlelight service
- _____