

Holy Habits

Sunday, January 21, 2024
Dave Michel

Stepping Stones Community Church

1. Wanting to implement change

- Hope will get you started
- Habits will keep you going

³ Daniel soon proved himself more capable than all the other administrators and high officers. Because of Daniel's great ability, the king made plans to place him over the entire empire. ⁴ Then the other administrators and high officers began searching for some fault in the way Daniel was handling government affairs, but they couldn't find anything to criticize or condemn. He was faithful, always responsible, and completely trustworthy. ⁵ So they concluded, "Our only chance of finding grounds for accusing Daniel will be in connection with the rules of his religion..." ¹⁰ But when Daniel learned that the law had been signed, he went home and knelt down as usual in his upstairs room, with its windows open toward Jerusalem. He prayed three times a day, just as he had always done, giving thanks to his God.

Daniel 6:3-5, 10 NLT

2. Starting a holy habit

- Make it obvious
- Make it easy
- Let habits become disciplines

¹ These are the proverbs of Solomon, David's son, king of Israel. ² Their purpose is to teach people wisdom and discipline, to help them understand the insights of the wise. ³ Their purpose is to teach people to live disciplined and successful lives...
Proverbs 1:1-3 NLT

No discipline is enjoyable while it is happening—it's painful! But afterward there will be a peaceful harvest of right living for those who are trained in this way. **Hebrews 12:11 NLT**

For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline. **2 Timothy 1:7 NLT**

Next Steps:

- Begin a "holy habit" this week: _____
(and tell someone about it: _____)
- Embrace self-discipline by: _____
- Pray and ask God to give me the hope that I can change
- Attend the rest of "The Power to Change" series (or watch on our Youtube channel)
- _____