

When You're Sick of Being Stuck

Sunday, January 7, 2024

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¹⁵ I don't really understand myself, for I want to do what is right, but I don't do it. Instead, I do what I hate... ¹⁹ I want to do what is good, but I don't. I don't want to do what is wrong, but I do it anyway... ²¹ I have discovered this principle of life – that when I want to do what is right, I inevitably do what is wrong... ²⁴ Oh, what a miserable person I am! Who will free me from this life that is dominated by sin and death?

²⁵ Thank God! The answer is in Jesus Christ our Lord.

Romans 7: 15, 19, 21, 24-25 NLT

1. Spiritual growth and change

- **God works, then I work**
- **God works, not me**
- **God works with me and in me**

⁹ For I am the least of all the apostles. In fact, I'm not even worthy to be called an apostle after the way I persecuted God's church. ¹⁰ But whatever I am now, it is all because God poured out his special favor on me – and not without results. For I have worked harder than any of the other apostles; yet it was not I but God who was working through me by his grace.

1 Corinthians 15:9-10 NLT

2. Spiritual transformation

- Find your spiritual “why”
- Find your spiritual “how”

...It is not by force nor by strength, but by my Spirit, says the LORD of Heaven's Armies. **Zechariah 4:6 NLT**

3. The heart of the matter

- You will always follow your heart
- If you change your behavior but don't change your heart, the behavior will come back

Guard your heart above all else, for it determines the course of your life. **Proverbs 4:23 NLT**

Next Steps:

- I will turn my heart more to God by: _____
- God wants me to change _____ (what) because _____ (why)
- Pray and ask God how he wants me to change
- Attend the rest of “The Power to Change” series (or watch on our Youtube channel)
- _____